COVID-19 disproportionately impacts the BLACK COMMUNITY. It has claimed 73,236 Black lives, and the number is climbing, due to the legacy of discrimination and healthcare inequities.

VACCINATIONS ARE AVAILABLE! CALL 211 TO LEARN HOW TO SCHEDULE.

did you know?

FALSE: Only Black people with health conditions get it.
TRUTH: Healthy Black people have gotten the disease!
FALSE: Black children and youth cannot die from it.
TRUTH: Black children as young as 6-years-old have died!
FALSE: If you don’t feel sick, you don’t have the disease.
TRUTH: You can have it and not feel sick, and unknowingly spread it to others!

how it spreads?

COVID-19 is highly contagious through:
- Respiratory droplets, entering eyes, nose, mouth
- Airborne particles, entering nose and mouth
- Touching surfaces then touching your face

protect yourself & loved ones

Help slow the spread
- Wash your hands often
- Wear a facemask in public
- Avoid in-person contact
- Maintain social distancing
- Stay active
- Boost your immune system by eating fruits and vegetables
- Schedule a vaccination – call 211

symptoms & infections

- Low energy
- Body aches & pain
- Chills and feeling feverish
- A new cough
- Shortness of breath or tightness of chest
- Some individuals may be asymptomatic

if you’re sick

- Get tested: Visit COVID19Black.org, or call 211 for locations
- Seek medical attention: call your doctor
- If you have difficulty breathing, call 911

www.covid19black.org