

COVID-19 **BLACK**

# Saving Black & Brown Lives Thru Self-Care & Wellness

3RD ANNUAL COVID-19 BLACK VIRTUAL TOWN HALL

JUNE 16TH, 2022 | 5:30 - 7:00PM PST



# COVID-19 **BLACK** Moderators



**Janice Edwards**

Emmy-nominated, Award-winning talk Show Host & Executive Producer “Media Coach”, Bay area Vista, Virtual Event MC & Speaker, Best Selling Co-Author Advisory Cloud Board Member



**Vanessa Vancour**

A former TV anchor with a passion for bilingual storytelling and community engagement, Vanessa is passionate about creating more sustainable environments for diverse and inclusive storytelling.

# COVID-19 **BLACK**



**André Chapman**

Founder & CEO Unity Care + COVID-19 Black Initiative

[WWW.COVID19BLACK.ORG](http://WWW.COVID19BLACK.ORG)



COVID-19 **BLACK**

# Unity Care Overview

For over 29 years, Unity Care has served and advocated on behalf of thousands of foster youth and families impacted by the formal systems; providing services within our 5-Pillars of Success.

Today, Unity Care provides a continuum of supportive housing services in 9-Bay Area & Northern California counties. Unity Care has a long history of fighting against systemic racism that is pervasive within our formal systems.

This project, "COVID-19 Black," is another example of our attempt to sound the alarm and raise public awareness surrounding the disparate health and wellness outcomes impacting the African Ancestry community.

## 5 PILLARS OF SUCCESS

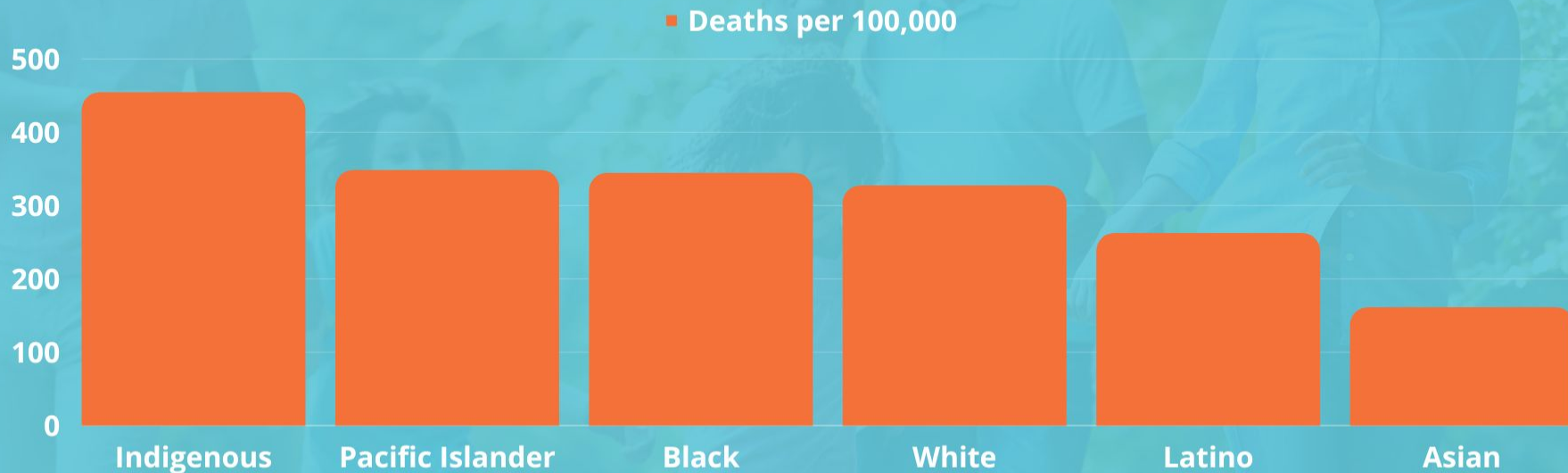
Unity Care's overarching goal is to support our families' journey towards self-sufficiency by ensuring that every child and family we touch has accomplished the goals in these five strategic areas of focus



COVID-19 **BLACK**

## COVID-19 By the Numbers

Crude Mortality Rates by Demographic



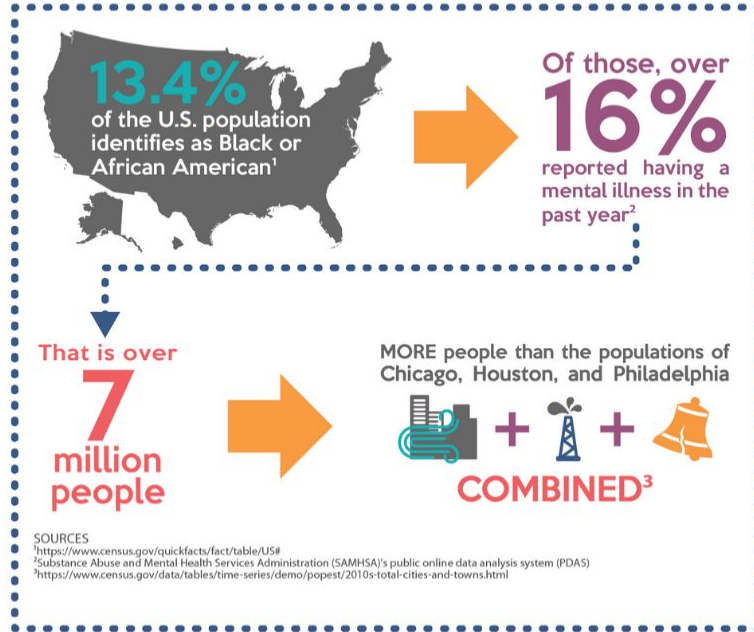
Source: CDC Dataset

Data accurate through May 4, 2022

WWW.COVID19BLACK.ORG

# COVID-19 BLACK

## Mental Health In the Black & Latinx Communities



Source: <https://www.mhanational.org/issues/black-and-african-american-communities-and-mental-health>

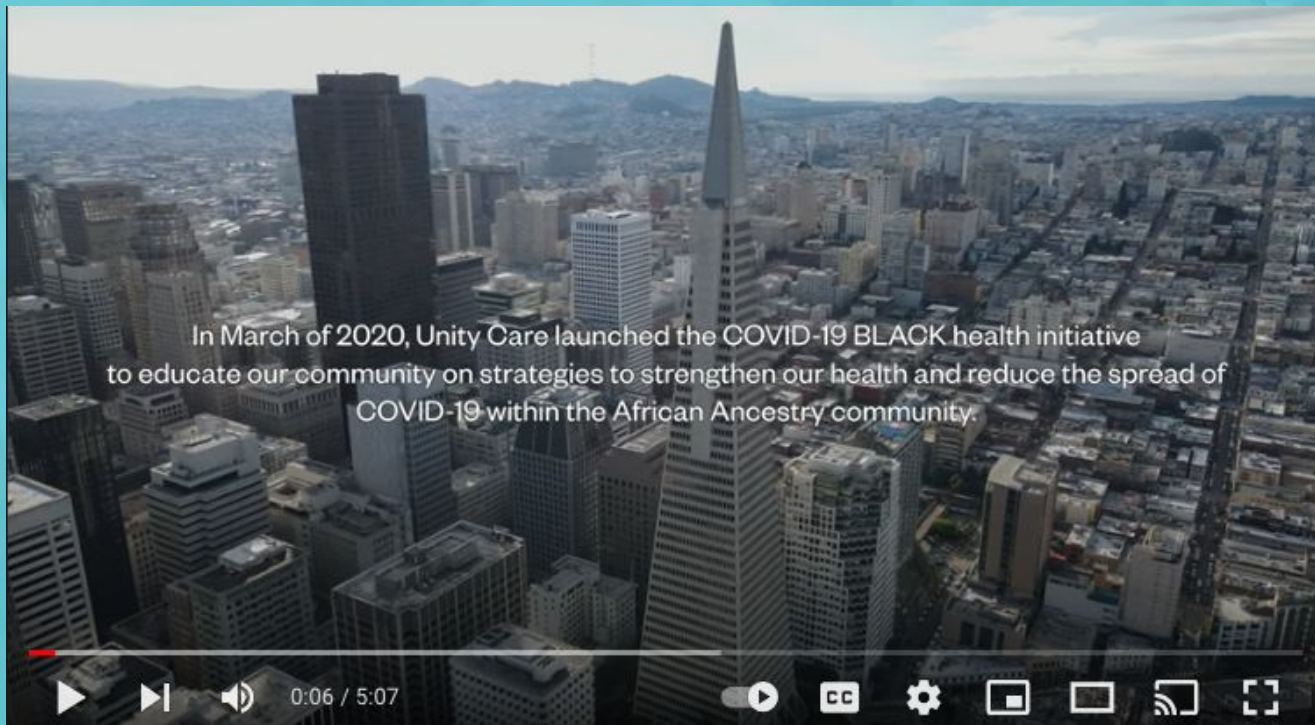


Source: <https://www.mhanational.org/issues/latinxhispanic-communities-and-mental-health>



COVID-19 **BLACK**

# 2 Years of COVID-19 Black



[WWW.COVID19BLACK.ORG](http://WWW.COVID19BLACK.ORG)

COVID-19 **BLACK**

# Celebrating Juneteenth



**Jacob Virges**

Spoken Word Poet

WWW.COVID19BLACK.ORG



COVID-19 **BLACK**

# Panel Discussion 1:

Mental Health, Wellness and Spirituality



**Dr. Noha Aboelata**

Founding CEO of Roots Community  
Health



**Pastor Anthony Williams**

Experienced Senior Pastor



**Dr. Kristee Haggins**

Community Healer, African-centered  
Psychologist, Consultant and  
Professor

WWW.COVID19BLACK.ORG

COVID-19 **BLACK**

# Spanish-Speaking Panel:

Mental Health, Wellness and Spirituality



**Alejandra Reyes**

Regional Project Manager for Central Coast and Central Valley of California, Visión y Compromiso



**Dr. Ramiro Zúñiga**

Vice President, Medical Director  
Health Net and California Health and Wellness Centene Corporation



**Yoana Luna**

Regional Program Manager for Southern California, Visión y Compromiso

WWW.COVID19BLACK.ORG

COVID-19 **BLACK**

## Panel Discussion 2:

Nutrition and Exercise as fundamental to Wellness



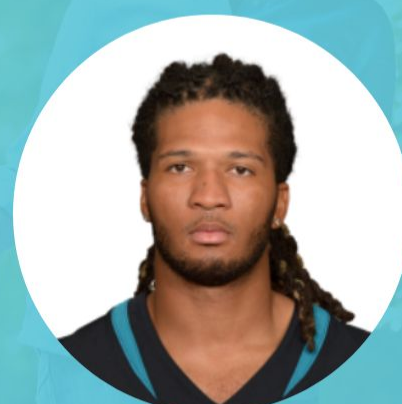
**Curtis Robinson**

Linebacker, San Francisco 49ers,  
Graduate of Stanford University



**Jocelyn Dubin MS, RD**

Lead Public Health Nutritionist,  
County of Santa Clara Public  
Health Department



**Sidney Jones**

Cornerback, Seattle Seahawks,  
Graduate of University of  
Washington

WWW.COVID19BLACK.ORG





COVID-19 **BLACK**

# Additional Resources

COVID-19 Black

[www.covid19black.org](http://www.covid19black.org)

National Alliance on Mental Illness

Hotline: (800) 950.6264

Compassion Recovery Centers (Telehealth)

[www.compassionrecoverycenters.com](http://www.compassionrecoverycenters.com)

(877) 229.0324

SAMHSA

National Helpline: (800) 662.4357

TTY: (800) 487.4889

Text: Send your zip code via text to 435748 (HELP4U)

Latinx Community Resources

[www.latinxtherapy.com](http://www.latinxtherapy.com) | [www.nlbha.org](http://www.nlbha.org) | [www.lchc.org](http://www.lchc.org)

WWW.COVID19BLACK.ORG

COVID-19 **BLACK**

# Thank You

Thank you to our partners, speakers, and participants



WWW.COVID19BLACK.ORG